



FINDING CHILDCARE

3 THINGS TO KNOW

Know Your Rights

Under the Americans with Disabilities Act, daycare centers are legally required to make reasonable accommodations for children with disabilities.

Example accommodations:

- providing additional training for staff on challenging behaviors.
- providing visual cues for activities and transitions.
- auxiliary aids and devices for communication.
- putting in ramps or moving furniture.

Find a Fit

The YMCA childcare resource service offers enhanced referrals to families. Free of charge, they talk with you to ask what your needs are, then they research providers that may match your criteria. You follow-up with providers.

Consider:

- staff experience with children with disabilities
- willingness to individualize care
- the sensory environment (i.e. noise level, visual stimulation, etc).

Communicate Needs

Help childcare staff understand your child and their needs. Tools like a 1-page profile can give staff an easy reference. They may not be able to do things exactly as you do at home, but may find new ways - informed by what you are doing. You are building your team.

You might include:

- Interests like favorite toys
- Routines
- Challenges that come up and what seems to work for addressing them.

About Early Start Together

We help parents of infants and toddlers with delays and disabilities find resources and build community. Exceptional Family Resource Center (EFRC) offers free services to parents through all ages and stages, birth through adult.

CONTACT: SHASSANI@SDSU.EDU

We are happy to help you with your specific questions and situation.



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Find Us Online
www.efrconline.org